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Fee: \$12,000 - \$15,000

Topics: Life Balance, Time Management/Self-Management, Peak Performance, Motivation, Change, Best-selling author

Industry specialties: Associations, Corporate

Travels from: NC



Jeff Davidson, MBA, CMC
The Work-Life Balance Expert® for our time-pressed workforce and author of "Breathing Space" and the "60 Second Self-Starters."

Work-life balance, especially during a tough economy, has become the defining challenge of our era. Jeff Davidson is the **Work-Life Balance Expert®**:

20 years, almost to the day, after writing his landmark book, **Breathing Space: Living & Working at a Comfortable Pace in a Sped-up Society**, Jeff was awarded the distinction "**The Work-Life Balance Expert**" from the U.S Patent and Trade Office. As such, he is the only person on earth so designated.

Jeff is a leading authority on managing information overload, time and stress management, and systems for accomplishment. As a conference and convention speaker, he offers dynamic learning keynotes as well as seminar presentations, combining outstanding content with humor, flair, and inspiration, leaving his audiences supercharged and ready for action. Frequently featured in *USA Today*, the *Washington Post*, and *Los Angeles Times*, quoted in the *New York Times*, *Christian Science Monitor*, and *Wall Street Journal's Career Employment Weekly*; and appearing on 175 television and radio talk shows including CNBC, *CBS Nightwatch with Charlie Rose*, and *America in the Morning*, Jeff has reached a worldwide audience that has found his 38 books and more than 3,575 articles to be enlightening, entertaining, and life-changing. 17 reasons to book Jeff: www.breathingspace.com/17reasons

Block out dates: July 31 Aug 04 Aug 11 Aug 16 Aug 25 Sep 02 Sep 09
 Sep 14 Sep 22 Sep 23 Oct 06 Oct 10 Oct 24 Nov 11

Jeff's recent books, *The 60-Second Innovator*, *The 60-Second Organizer* and *The 60-Second Self-Starters* (Adams Media) have been translated into Arabic, Japanese, Chinese, Spanish, Korean, Malay, Italian, and Turkish. They are short, fun-filled, and power-packed, each with 60 tips to get you back in control and on the road to high achievement.

With his high productivity, intellectual curiosity, personal sense of balance, and full participation in social and civic affairs, some people regard Jeff as being as close to walking his talk as a speaker can get! *The hallmarks of Jeff Davidson's books and keynote presentations include:*

- 1) *an insatiable quest to find a better way to accomplish goals,*
- 2) *a versatile intellect,*
- 3) *an empathetic perspective, and*
- 4) *a keen focus on the current issues and obstacles blocking the paths of today's career professionals. Jeff exhibits these qualities as he actively engages, stimulates, and inspires both his readers and his audiences. The result is an enjoyable, educational, uplifting experience.*

Companies that have retained Jeff as a consultant or speaker have reported impressive results. Jeff has spoken in almost every industry from aviation to zoology and has addressed audiences in administration, law, banking, education, finance, government, health care, manufacturing, retailing, and wholesaling. He has also spoken at charitable organizations, executive round tables, and partner's programs. His client list includes many Fortune 500 companies and international organizations such as:

America Online, American Express, Lufthansa, TAP Pharmaceuticals, Aramark, Bank of America, Swissotel, Gilbarco, Dollar Rent-a-Car, Allied Signal UOP, Dunhill Personnel, Vanguard Managed Solutions, Westinghouse IRD, Wells Fargo Home Mortgage, Legacy Marketing Group, Worthington Steel, Re/Max, U.S. Department of Energy, Cardinal Health Systems, Syngenta, Wind River Holdings, Executone, U.S Treasury Executives Institute, World Bank, Farmers Insurance Group, Kaiser Permanente, American National Standards Institute, IBM, USAA, and Proserv...

...as well as national and international associations and organizations, such as:

- American Bankers Association
- International Management Council of the YMCA
- Employee Relocation Council
- Warehousing Education Research Council
- Global Lighthouse of Singapore
- Graphic Arts Technical Foundation
- Hardwood Manufacturers Association
- International Association of Administrative Professionals
- National Association of Realtors
- American Marketing Association
- Professional Secretaries International
- Society of Telemarketing Consultants
- District of Columbia Bar
- North Carolina Public Transportation Association
- Alexandria Bar Association
- National Association of Legal Secretaries
- National Rural Electric Co-operatives Association
- International Association of Exposition Managers
- Wild Bird Feeders Industry
- American Society of Personal Administrators
- National Society of Professional Organizers
- Greater Washington Military Club Managers Association
- American Forestry Consultant
- National Society of Women Business Owners

more information »

MULTIMEDIA SAMPLES

- ▶ **VIDEO**
- ▶ "Jeff's 19 Minute, 6-part Video Demo"
- ▶ "3rd Hour of Half-Day Presentation"

★ **TESTIMONIAL**

- ▶ "American Bankers"
- ▶ "Biotechnology"
- ▶ "Catholic Health East"
- ▶ "Consulting Foresters"
- ▶ "Community Bankers"
- ▶ "Cottonwood"
- ▶ "Davidson Hotels"
- ▶ "Employee Relocation"
- ▶ "EPH/MRA"
- ▶ "First Federal Savings"
- ▶ "Intl Mgmt Council"
- ▶ "Lufthansa Airlines"
- ▶ "Medical Group Mgmt"
- ▶ "NC Public Transport"
- ▶ "ProServ"
- ▶ "Re/Max"
- ▶ "South Shore Hospital"
- ▶ "TAP Pharmaceuticals"
- ▶ "Washington Hospice"
- ▶ "WBFA"

▶ **PHOTO**

- ▶ "Head shot"
- ▶ "Casual shot"
- ▶ "Action Shot"
- ▶ "Morning keynote"
- ▶ "Luncheon keynote"
- ▶ "Afternoon keynote"
- ▶ "Two-day seminar"
- ▶ "Davidson - Firm"
- ▶ "Jeff - Howard - Jimp"
- ▶ "Jeff and daughter"

▶ **JACKET**

- ▶ "Breathing Space"
- ▶ "60 Second Organizer"
- ▶ "60 Sec Self Starter"
- ▶ "Getting Things Done"
- ▶ "Joy of Simple Living"
- ▶ "Managing Stress"
- ▶ "Managing Your Time"
- ▶ "Project Management"
- ▶ "Public Speaking"
- ▶ "Speakers Bureaus"
- ▶ "Get a Life (audio)"
- ▶ "Procrastinator (audio)"
- ▶ "Simplicity (audio)"

▶ **DOC**

- ▶ "Jeff's one-sheet"
- ▶ "ABA CFO Exchange"
- ▶ "AIHA Convention"
- ▶ "Best Practices Inst"
- ▶ "Broadcast Sales"
- ▶ "County Hospice"
- ▶ "DHCFA"
- ▶ "Farmers Insurance"
- ▶ "Kaiser Permanente"
- ▶ "Legacy Marketing"
- ▶ "MMGMA"
- ▶ "NCSU Managerial"
- ▶ "NCSU Collegiate"
- ▶ "Relocation Council"